

Power Zone Athletics

Agreement and Release of Liability

POWER ZONE ATHLETICS WAIVER AND CONSENT AGREEMENT IN CONSIDERATION OF BEING PERMITTED TO PARTICIPATE IN THE USE OF THIS FACILITY:

1. This agreement releases Power Zone Athletics, it's owner and any employees from all liability relating to injuries or death that may occur during activity on location. By signing this agreement, I agree to hold Power Zone Athletics completely free from any liability, including financial responsibility for injuries incurred, regardless of whether injuries are caused by negligence. _____

2. I understand and am aware that strength, flexibility and aerobic exercise, including the use of equipment, is a potentially hazardous activity. I also understand that fitness activities involve a risk of injury and even death and that I am voluntarily participating in these activities and using equipment and machinery with knowledge of the dangers involved, despite any medical conditions I may have. I hereby expressly agree to assume and accept any and all risks of injury or death. _____

3. I hereby acknowledge that I have read the above and that I am aware of the legal consequences of this agreement, including that it prevents me from suing Power Zone Athletics, it's owner or employees if I am injured or damaged for any reason because of participation in this activity. By signing below I forfeit all right to bring a suit against Power Zone Athletics for any reason. In return, I will receive full use of the facility. I will also make every effort to obey safety precautions as listed in writing and as explained to me verbally. I will ask for clarification when needed. _____

I _____ fully understand and agree to the above terms.
Printed Name

Signature

Date

Witnessed By

Date